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CONTACT: Colleen Cimini, PR First, 781-982-5557, [ccimini@prfirst.com](mailto:ccimini@prfirst.com)

## **Peak Physical Therapy & Sport Performance to Open New Clinic at the University Sports Complex in Hanover**

*Open House Oct. 19<sup>th</sup>*

HANOVER, NORWELL, QUINCY AND SCITUATE, MA, ISSUED OCTOBER 7, 2016....Peak Physical Therapy & Sports Performance, a South Shore practice specializing in unique programs that provide holistic treatment in orthopedic, spine and sports medicine specialties, announces they will open their fourth South Shore clinic at the University Sports Complex at 645 Washington Street in Hanover.

An Open House and Ribbon Cutting event is scheduled for Wednesday, October 19, from 5-7 p.m. at the new clinic. Guests will have an opportunity to meet the staff and learn more about the programs and services offered by Peak Physical Therapy & Sports Performance.

Sharon O'Connor has been named office manager for the Hanover location, and Ryan Burke, DPT will serve as the clinic therapist. O'Connor has a background in sports performance training and is a Certified Strength and Conditioning Specialist (CSCS). Burke, also a CSCS with a degree in nutrition, offers a wide array of expertise including manual therapy for the spine, sports therapy and dry needling.

Peak Physical Therapy & Sports Performance clinics are already located in Norwell, Scituate and Quincy, servicing 21 towns on the Massachusetts South Shore. In addition they offer Aquatics Physical Therapy Programs at Healthtrax Health Club in Hanover, Scituate Health and Racquet Club, and the Atlantis Club in the Hyatt Hotel in Braintree.

Eric Edelman, PT founded the practice in 2008 and has practiced on the South Shore for the past two decades, working closely with many area doctors, schools and wellness professionals.

"We are excited to have the opportunity to treat patients at the University Sport Complex," said Edelman. "The new location will provide us with the space and turf fields for our sports performance program. We welcome the chance to help more young athletes recover from concussions and other sports injuries. Additionally, we offer an entire sports medicine

continuum to help patients obtain their ultimate level of fitness to perform in life and in sports.”

***About Peak Physical Therapy and Sports Performance***

Located in Norwell, Scituate, Quincy, and Hanover, Peak Physical Therapy & Sports Performance offers specialized programs tailored to their patients’ needs. They offer spinal and sports injury programs, and have also developed specialized programs that address post-surgical rehabilitation, vestibular disorders, fall prevention, post-concussion syndrome, pediatrics, TMJ disorders, women’s health issues, aquatic therapy and more. These specialized programs combined with their state-of-the-art facilities allow them to meet the unique needs of their patients and achieve the fastest results. For additional information, please call 781-347-4686 or visit [www.peaktherapy.com](http://www.peaktherapy.com)