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PRESS RELEASE

From: Margaret Cook, Marketing Director, Peak Physical Therapy Norwell MA

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Peak Physical Therapy Announces New Aquatic /Pool Therapy Program in Scituate MA.

Since the 2008 opening of Peak Physical Therapy's Scituate clinic the practice has grown to offering more than 15 physical therapy programs and 3 on-site wellness programs. They anticipate growth in their wellness programs to offer up to 8-10 to each of Peak Physical Therapy's clinic locations.

'Aquatic therapy has many benefits to our patients' said Eric Edelman. *Reduces body weight up to 80% for easier movement, helps people with painful arthritic joints, provides easier movement for people with neurologic conditions i.e. stroke, multiple sclerosis, great solution for rehabilitating after orthopedic surgery, physical therapists guide affective exercises for a faster recovery, both Aquatic and On-Land therapy is a combined impact solution, and what could be better----all insurances cover Aquatic Therapy for patients.' said Eric Edelman.

'What is more important is the spirit of the patient. They really enjoy it and embrace the change to their therapy in having Aquatic Therapy.'

'Believe it or not, I sprained my neck and back being 8 months pregnant putting on pantyhose!' said Mary Spencer, 'and my doctor referred me to Peak Physical Therapy for treatment. When they suggested for me to have Aquatic Therapy after some initial manual therapy and cold laser therapy, I thought what a great change. And it helped a lot since I was pregnant and had to exercise in the pool to strengthen my neck and back. I really enjoyed the treatments and Peak Physical Therapist, Cheryl was so pleasant to me. I would highly recommend it to anyone who could have it!' said Eileen Jones.

Physical therapy has been a recognized, excellent approach to quality care by doctors who refer their patients with arthritis, carpal syndrome, ankle sprains, sport rehabilitation, joint replacements, spinal conditions , post spinal surgery, and neurological and many more conditions. Patients also have 'direct access' —meaning they can go direct to Peak Physical Therapy to be diagnosed and treated without seeing a doctor and they can check their insurance for coverage.

For more information on Peak Physical Therapy, please visit www.peaktherapy.com