

Peak Physical Therapy to add clinic in Pembroke

Peak Physical Therapy & Sports Performance, a South Shore practice specializing in programs that provide comprehensive treatment in orthopedic, spine and sports medicine specialties, will add a new clinic at 340 Oak St., Pembroke, at the beginning of February.

The Pembroke clinic will join a new clinic in Braintree and Peak's established locations in Norwell, Scituate, Quincy and Hanover. The

Pembroke clinic will expand Peak's unique Return-to-Sports Program that allows athletes to complete their rehabilitation and experience a proper safe transition back to their specific sport. The program began at the Hanover Peak Clinic at the Starland Sports Complex utilizing turf or hard courts depending on the sport and is used to perform sport-specific exercises for rehabilitation. The program will continue at both

locations.

"Our work with athletes is very rewarding and the Return-to-Sports Program is popular with our therapists and athletes of all ages," said Eric Edelman, owner of Peak Physical Therapy & Sports Performance. "We will have our own private clinic inside of the Wolves Den Sports Complex with the opportunity to make use of their great facilities."

