

COUNCIL ON AGING

The Pembroke Council on Aging is located at 144 Center St. Hours are 8:30 a.m. to 7 p.m. Mondays and 8:30 a.m. to 4:30 p.m. Tuesdays through Fridays. For information: 781-294-8220; pembroke-ma.gov/council-aging.

Upcoming programs

Ancestry & Family tree: May 31 by appointment.
B.I.N.G.O.: 1 p.m. May 21.

Mosquito Awareness: 10 a.m. May 22. Dan Daly from Plymouth County will give attendees the latest information on mosquito related issues and updates on the Project's services.

Peak Physical Therapy: 10 a.m. May 23. "Discussing Sensitive Topics for Women:" Are you or someone you know experiencing difficulties with urinary incontinence?

Improve Your Balance: 12:30 p.m. May 23. Long Pond Physical Therapy.

Art with Tami: 12:30-2:30 p.m. May 23. A Traveling Art Instructor will be leading this step-by-step acrylic painting on canvas class. All supplies provided for \$15 per person. Payment due upon reserving a spot.

Mother's Day Special Brunch provided by OCES: May 24. Fresh fruit cup, omelet with cream sauce, home fries, French toast sticks with syrup, cinnamon crumb topped coffee cake and carnation flowers.

South Shore Conservatory of Music Storyteller Series,

"Playing the Blues": 1 p.m. May 30. Think of any modern blues Legend (B.B. King, Chuck Berry, Muddy Waters) and chances are that Grammy-winning SSC Blues pianist Anthony Geraci has backed them up. This conversation is an up close and personal introduction to the music and personalities of blues greats.

Bus trips

Elvis Tribute, "The King Returns": June 7. Featuring Mark Shelton & Bank at the Venus de Milo, Swansea, for \$85 per person. Price includes lunch, show, tax and transportation.

Lobster Bake Lunch Cruise aboard the Beauport Princess: July 20. \$99 per person. Excursion to scenic Gloucester Price includes lunch, cruise with DJ and transportation.

New England Dueling Pianos & Clean Comedy Show: July 26, Whites of Westport. \$85 per person includes dinner, show, tax and transportation.

Newport Playhouse Lobster Fest: Aug. 21, Newport, Rhode Island. \$109 per person includes motor coach transportation, buffet dinner with lobster, show and cabaret entertainment.

Ongoing

Technology Assistance with Brianna Feerick: 2:30 p.m. Fridays. Brianna will be available by appointment to assist individuals on how to use their electronic devices, such as laptops, cell phone, iPad and tablets. Explore Facebook, Instagram, Pinterest and navigating the internet. See sign up sheet.

